Quince Orchard Swim and Tennis Club
2019
Junior Tennis Camp/High School Tennis Camp

This is the camp where junior tennis players can make huge improvements in their game. This camp is structured for campers ages 9 to 16 beginner through intermediate level for mostly “full court tennis” (players will be grouped on court according to level). The camp will meet Monday through Friday from 10:00 a.m. to 2:00 p.m. The first two hours will consist of organized instructional drills to improve technique, consistency and shot placement. From 12:00 p.m. to 1:00 p.m., campers are welcome to swim and eat their lunch. At 1:00 p.m., we go back on the court for one hour of match play. Fridays will be used for challenge games, and singles matches. **USPTA Certified Tennis Professionals** teaching camp with a maximum four student per instructor ratio!

High School Tennis players and those who have very good fundamentals are encouraged to register for this special training of high intermediate to advanced level players up to 18 yrs of age.

**Camp weeks available:**

- June 10 - June 14
- June 17 - June 21
- June 24 - June 28
- *July 1 - July 5*
- July 8 - July 12
- July 15 - July 19
- July 22 - July 26
- July 29 - August 2
- August 5 - August 9
- August 12 - August 16
- August 19 - August 23
- August 26 - August 30

**QOSTC Proshop Camp Discount**

- $5 off Jr. Shoes
- $10 off Adult Shoes

*Prorated to a 4 day camp, no camps July 4th

**Before and/or After Care**
(80% of which will be on court tennis)

This service is available any time:
8:00 a.m. to 10:00 a.m. and/or
2:00 p.m. to 6:00 p.m.
Cost is $10 per hour per child, Monday through Friday
Must pay for before and/or after care in advance of camp.

**See Reverse side for camp policies and additional info.**

Washingtonian Magazine voted QOSTC
“the place to advance your game in Maryland”
Quince Orchard Swim and Tennis Club

Junior Tennis Camp/High School Camp Parent Information

1. Visit qostc.com and create a profile/login for your child. Register with payment.

2. Bring to camp: Hat or visor, sunscreen, swim attire and towel if you plan to swim, lunch or money to purchase lunch from snack bar, and a water bottle. There are two water fountains (one in the clubhouse and one on court). Bottled water and sports drinks are also sold at the front desk.

3. **Camp will always be held.** If we do not spend enough time on-court due to inclement weather (thunderstorms), I will decide the camp’s extended-hour schedule. Alternate opportunities are available if your schedule doesn’t permit.
   - If more than 1 hour of a camp day is rained out on Monday or Tuesday then camp might start at 9:00 a.m. Wednesday or we might use part of the lunch hour to get in more on court tennis time if small rain delay happens.
   - If Monday or Tuesday on-court tennis is completely rained out, then camp could be 9:00 a.m. to 2:00 p.m. on Wednesday, Thursday and Friday. If a total camp day occurs without on-court tennis time, then we will add hrs to Friday’s camp to make this an extra special day of clinic, challenge games and tournament from 9:00 a.m. to 3:30 p.m.
   - We will not cancel a camp due to “heat index” / “code red” / “air quality.” We will make the necessary adjustments, frequent water breaks, indoor skills rotations, etc. Remember, this is a sport and kids are much more resistant to hot weather than adults. We also have canopies and umbrellas on-court to provide shade.
   - If it is misting or the area has scattered light rain, camp will be held on-court! Wet courts are actually perfect for advanced training on open/closed stance footwork sliding and recovery drills like professional’s do.

4. We also have an indoor tennis curriculum that will be used sparingly. It includes, but is not limited to: Video analysis of players’ strokes, footwork drills, volley control drills, groundstroke focus drills and skills drills. Campers are encouraged to NOT bring electronic devices (tablets) to camp due to distractions (up to parents).

5. Children ages 10 and under cannot be “dropped off” for camp early or stay late unless they are supervised by someone age 16 or older. QOSTC Before/After care is only $10.00 per hour per child and is 100% supervised.

6. All Jr. campers who want to swim must pass the “swim test” usually held each Monday at 12:00 for Jr. Camp lunch time to ensure safety for Jr. campers. Jr. campers only need to pass swim test once per summer.

7. **QOSTC Camp Refund/Credit Policy** is available at QOSTC.com, click on “Tennis”, then on “Junior Tennis Camp”.

8. Please consider the QOSTC Proshop when you purchase your tennis equipment. Because of our Advisory Staff Professionals and Wilson Racquet Dealer Exclusive Racquet status, we can usually save you $30 to $50 on performance racquets (initial custom stringing is included with your purchase) over a retail sporting goods store or internet. If you purchase online, you may potentially need to restring the racquet which might have been strung months prior to purchase. Also, keep in mind that a pre-strung a racquet will lose tension during shipping. Other than our in-stock equipment, we can order many brands of shoes, racquets, bags and accessories. Help us grow the game by supporting the Proshop. Please read “Reasons to Purchase”. Visit qostc.com then click on Proshop.

9. The Footwear Policy is strictly enforced. Please read Rules and Regulations / Footwear Policy. Running shoes, cross trainers, sneakers, or any sole that marks our courts will not be permitted. Jr. Campers receive a Proshop discount ($5.00 off Junior shoes, $10.00 off Adult shoes). We also have “loaner” shoes if needed.

Bring a positive attitude to camp and I will guarantee that you will receive proper instruction on the fundamentals and advanced stroke technique ensuring that you will improve quickly. It will be exciting!

**Brian Fankhauser**

Director of Tennis / Junior Tennis Camp Director / brian.qostc@gmail.com