Your child will enjoy playing with tennis balls that bounce lower and slower plus courts specifically made for their age and ability level. QOSTC was the first club in Maryland that designed programs for 36’ courts and held the first 36’ court tournament. QOSTC also has permanent lined 60’ courts and uses the three different compression tennis balls to make rallying more fun for younger players. The 10 and under tennis camp will be held Monday through Friday from 9:00 a.m. to 3:00 p.m. 10 and under tennis camp is for ages 6-10 beginner through intermediate level. Campers who can pass an advanced skills and rally test will be moved up to Junior Tennis Camp.

Please also review:
- Campers Format/Specials: Great parent information
- Emergency release form: Required
- Refund/credit policy: Better know this
- Footwear policy: Please read/loaner shoes available
- Before and after care: Great deal if needed
- Proshop deals: Exclusive dealer prices/Discounts!
- Snack time: Pack it or buy it at the snack bar

The Camp Director is Brian Fankhauser who has been the Tennis Director at QOSTC for 25 years and is a former USTA/Maryland Teaching Pro of the Year.

Just like all of QOSTC programs, players will be split up on each court according to level of play, age and skill set. A participant to instructor 4 to 1 ratio maximum will be maintained.

Why would any parent not be willing to pay $10 more per day to have their child at this QOSTC camp with quite often a 3 to 1 ratio and learn twice as much as a “county type” program with a 6 to 1 ratio!

<table>
<thead>
<tr>
<th>Camp is available weekly</th>
<th>Specials</th>
</tr>
</thead>
<tbody>
<tr>
<td>June 10 – June 14</td>
<td></td>
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<tr>
<td>June 17 – June 21</td>
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<tr>
<td>June 24 – June 28</td>
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<tr>
<td>July 1 – July 5 (prorated)</td>
<td>Half Day Option</td>
</tr>
<tr>
<td>July 8 – July 12</td>
<td>(pick 3 hours a day)</td>
</tr>
<tr>
<td>July 15 – July 19</td>
<td>Example: 9:00 am – 12:00 pm</td>
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<td>$48 per day x 5 days = $240</td>
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<td></td>
<td>Or</td>
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<td></td>
<td>Per hour option $21.00</td>
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</tbody>
</table>

| July 22 – July 26        |          |
| July 29 – August 2       |          |
| August 5 – August 9     |          |
| August 12 – August 16   |          |
| August 19 – August 23   |          |
| August 26 – August 30   |          |

Register for 4 weeks or more and subtract $25 off each week’s price. You could be paying $295 per week (which nets to $11.50 per hour!) for this amazing camp with a *4 to 1 ratio maximum!
10 AND UNDER TENNIS CAMP

Camp Format/Specials

**Format:**
- 9:00 a.m. to 10:00 a.m.  Total Tennis Warm-up and Skills Review
- 10:00 a.m. to 10:10 a.m.  Break Time
- 10:10 a.m. to 12:00 p.m.  Instructional Clinic
- 12:00 p.m. to 1:00 p.m.  Lunch (supervised)
- 1:00 p.m. to 2:00 p.m.  Rally Games/Challenges
- 2:00 p.m. to 2:10 p.m.  Break Time
- 2:10 p.m. to 3:00 p.m.  Matches + “Beat the Pro”

*Break time would be a great opportunity to eat a granola bar or fruit plus re-hydrate

**Arrival:**
Campers should arrive at QOSTC and sign in with parent at the front desk about 8:55 a.m. Campers can then take their lunch (with cold pack) to the upstairs lounge camp area, then proceed back to the main level where the camp counselor or camp director will escort the campers to the tennis courts at 9:00 a.m. 10 and under tennis campers cannot be dropped off early to "hangout" until camp starts. See (Before and/or After Care). The upstairs lounge also has a refrigerator/freezer available to campers.

**Lunch:**
Campers will eat lunch in the upstairs air conditioned lounge camp area (supervised) from 12:00 pm. to 1:00 p.m. Your choice: pack a lunch or bring cash to purchase your lunch from the QOSTC snack bar. Most of the time during lunch campers are welcome to watch Tennis Channel (events like Wimbledon, US Open Series and “ACADEMY”). We prefer campers NOT bring electronic device due to “distractions.” 10’s camp is not part of any Lunch “Free Swim.”

**Departure:**
Parents should be available at 3:00 p.m. to pick up in the tennis lounge area (main level). Any early pick up requires telling camp counselor or camp director of your child's early departure. 10 and under tennis campers will not be allowed to "hangout" at the club or wait outside the clubhouse for pickup. At 3:05 p.m. they will be entered into our great aftercare program. See (Before and/or After Care).

**Specials:**
On Thursdays June 20th through July 25th campers will be on court from 9:00 a.m. to 12:00 p.m. Then campers will have their lunch supervised at the club pavilion due to home Junior Tennis Team matches. Campers will then rotate between special off court 10 and under agility and tennis training games within the fenced-in grass area field (next to pavilion). Extra time could be utilized watching the Junior Tennis Team home matches which will help 10 AND UNDER CAMPERS understand tennis scoring, rotations and sportsmanship.
• Visit qostc.com and create profile/login for your child and register with payment or call QOSTC Front desk at 301-948-3116 to register

• Bring to camp: Hat or visor, sunscreen, lunch or money to purchase lunch from snack bar, and a water bottle. There are two water fountains (one in the clubhouse and one on court). Bottled water and sports drinks are also sold at the front desk before the snack bar opens at noon.

• We have an indoor tennis curriculum that can be used. It includes, but is not limited to: Footwork drills, volley control drills, groundstroke focus drills, workout drills, skills drills and scoring and rules “chalk talk,” plus option for video analysis of players’ skills with side by side comparison of stroke production to the top player in the world.

• 10 and under tennis campers cannot be “dropped off” for camp early or stay late unless they are supervised by someone age 16 or older. QOSTC Before and/or After Care is only $10.00 per hour per child and is 80% on-court tennis and is 100% supervised.

• Please review Refund/Credit Policy.

• Please consider QOSTC Proshop when you purchase your tennis equipment. Because of our Advisory Staff Professionals and Wilson Racquet Dealer Exclusive Racquet status, we can usually save you $30 to $50 on performance racquets (initial stringing is included with your purchase) over Dick’s. Other than our in-stock equipment, we can order many brands of shoes, racquets, bags and accessories. Help us grow the game by supporting the Proshop. Please read “Reasons to Purchase”. Visit qostc.com then click on Proshop.

• The Footwear Policy is strictly enforced. Please read Rules and Regulations / Footwear Policy. Running shoes, cross trainers, sneakers, or any sole that marks our courts will not be permitted. Campers receive a Proshop discount ($5.00 off Junior shoes, $10.00 off Adult shoes). We also have “loaner” shoes if needed at no-charge.

Bring a positive attitude to camp and I will guarantee that you will receive proper instruction on the fundamentals and advanced stroke technique ensuring that you will improve quickly. It will be exciting!

Brian Fankhauser  
Director of Tennis / 10 and Under Tennis Camp Director  
brian.qostc@gmail.com  
301-948-3116 ext.114